

# THIRD INTERNATIONAL INSTITUTE ON THE MODEL OF HUMAN OCCUPATION

Stockholm Sweden

October 11<sup>th</sup> & 12<sup>th</sup>, 2012

Presented by: The Swedish Association of Occupational Therapists,

The University of Illinois at Chicago Department of Occupational Therapy, and the Model of Human Occupation Clearinghouse

## Registration Form & Fees

Please indicate under which category you are registering:

Student/Speaker Both Days -- \$60.00

General Registration Both Days -- \$120.00

Please make U.S. Check payable to University of Illinois or provide Credit Card information below.

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Organization: \_\_\_\_\_

Please Mail this form and payment to the Below Address by:

August 31<sup>st</sup>, 2012

Department of Occupational Therapy (MC 811)

Model of Human Occupation Clearinghouse

Attn: Baily Zubel

University of Illinois at Chicago

1919 West Taylor Street

Chicago, Illinois 60612-7250

### For Credit Card Payment ONLY

CC Type (circle one): VISA MasterCard American Express Discover

CC Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Security Code: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## About Stockholm



Photo courtesy of Colourbox

Stockholm is one of the world's most beautiful capitals. It is built on 14 islands around one of Europe's largest and best-preserved medieval city centers. The Swedish capital is superbly positioned, with stunning and extremely varied scenery in every direction. Stockholm offers a wealth of museums, theaters, sights, attractions, and events.

### For further information about Stockholm and Sweden:

[www.visitstockhom.com](http://www.visitstockhom.com) --

Official Stockholm visitor's guide; information available in English, German,

Finnish, Italian, French, & Spanish

[www.international.stockhom.se/Toursim-and-history](http://www.international.stockhom.se/Toursim-and-history) --

City of Stockholm website

[www.sweden.se](http://www.sweden.se) --

The official gateway to Sweden

## Travel Information

### **Transport from Arlanda Airport**

Arlanda Airport is located 49 km north of Stockholm. Further information: [www.arlanda.se/en/](http://www.arlanda.se/en/)

**Train:** The Arlanda Express is the environmentally friendly train service that links Stockholm City with Arlanda Airport. The train leaves every 15-20 min. Book your Arlanda Express ticket in advance. MCL offers discounted tickets for travel with Arlanda Express train from Arlanda to Stockholm. Your confirmation letter will serve as a ticket when presented to the train conductor. SEK 218 each way. You may also buy the train ticket upon arrival and departure, price SEK 240 (price per June 2011).

**Taxi:** We recommend that you always request a fixed price from the airport to the city, approximately SEK 450-550 (price per June 2011).

**Bus:** There is a direct bus connection, Airport coaches, from Arlanda Airport to the City Terminal in Stockholm. The journey takes about 40 minutes and costs SEK 119 (price per June 2011). The bus leaves Arlanda Airport every 10 minutes.

### **Transport from Bromma Airport**

Bromma Airport is close to the city and from here taxi is the most convenient mode of transportation. Also, you can use the Airport coaches. Further information: [www.brommaairport.se/en/Bromma/Traveller/](http://www.brommaairport.se/en/Bromma/Traveller/)

### **Transport from Skavsta Airport**

Stockholm Skavsta Airport is operated by budget airlines Ryanair and Wizz Air. It is situated 100 km south of Stockholm, 7 km northwest from Nyköping- right next to the main E4-highway. You can reach Stockholm Skavsta Airport by coach/bus, car, train or taxi. Further Information: [www.skavsta.se/en/](http://www.skavsta.se/en/)

### **Visa**

**Participants needing a visa for entry to Sweden are strongly advised to apply in their home country well in advance. If in doubt, information can be obtained from your nearest Swedish Embassy or Consulate or from your travel agency.**

## Institute Location

**Building: Akademikerhuset**  
**Address: Planivägen 13 in Nacka,**  
**at the conference floor plan 3**  
**Phone: +46 8 466 24 40**

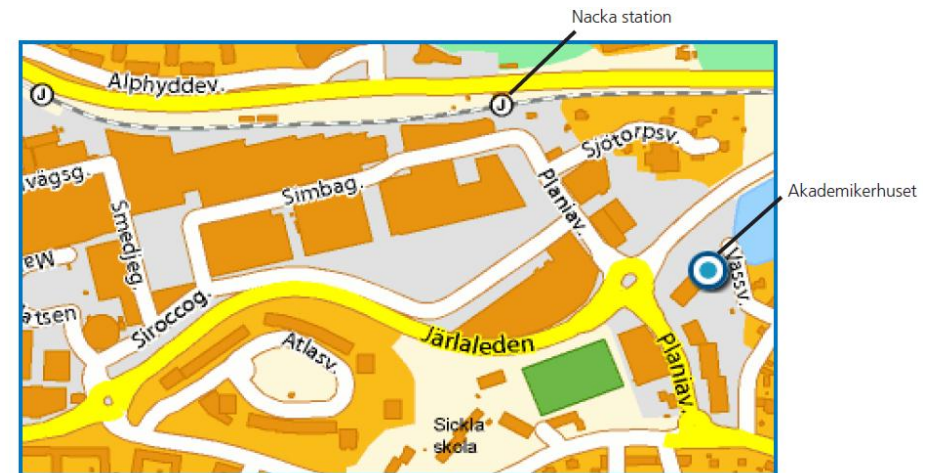
### Directions to Akademikerhuset

The Stockholm Public Transport (SL) offers commuter train, underground and busses in Stockholm. Website: [www.sl.se](http://www.sl.se). Buy your ticket prior to your departure at the kiosk called Pressbyrån or at a SL centre (for example, at central station).

**Please note: you cannot buy a ticket on board.**

From central station take the underground/tube to the station called **Slussen**. Here you can catch buses no. 409-414 from platform O and P.

You can also take the train called Saltsjöbanan. Go to the stop called **Nacka station**.



Walk approximately 30 metres, same direction as bus/train, turn right and walk under the railway. Continue straight ahead to the roundabout, cross the road. In front of you, you will now see a red brick building called **Akademikerhuset**. Go around the corner of the building and here you will find no. 13 and the entrance.

## General Information

### **Business hours & shopping**

Shops are open between 10.00 & 18.00 hrs on weekdays and from 10.00 to 15.00 hrs on Saturdays. Shops in the City Centre have extended opening hours, some even on Sundays between 12.00 and 16.00 hrs. The main shopping streets in the center are: Hamngatan, Biblioteksgatan, Drottninggatan and Västerlånggatan in Old Town.

### **Climate & Clothing**

The climate in Stockholm is extremely varied and every season has its particular charm. Check this weather report site:

[www.weathercity.com/se/stockholm](http://www.weathercity.com/se/stockholm)

### **Credit Cards**

Commonly accepted credit cards in hotels, restaurants and shops and at the congress registration are American Express, Diners Club, Visa, Master Card, and Euro card. Restaurants and shops generally display signs indicating what cards they accept.

### **Currency**

The currency in Sweden is the Swedish Krona, SEK. Check this currency calculation: [www.x-rates.com](http://www.x-rates.com)

### **Smoking Policy**

No smoking will be permitted at any time inside during the Institute. Smoking is banned in public places in Stockholm, on public transport, in stores, restaurants and most pubs. Hotels offer special rooms for non-smokers.

### **Taxi**

Taxi Stockholm +46 8 15 00 00  
Taxi 020 +46 8 85 04 00  
Taxi Kurir +46 771 86 00 00

## Accommodation

### **Institute Hotel**

#### **Quality Hotel Nacka – Värmdövägen 84**

Phone: +46 8 200 400

[www.choice.se](http://www.choice.se)

email: [josefine.andersson2@choice.se](mailto:josefine.andersson2@choice.se)

For your convenience, a block of rooms has been booked at the above hotel at a discounted rate of 120 SEK (single room) & 320 SEK (double room) a night, with breakfast included. Please contact us at [moho\\_c@yahoo.com](mailto:moho_c@yahoo.com) for the group booking number. Reservations must be made by **August 12<sup>th</sup>, 2012** to receive the discounted rate.

#### **Additional Low Budget Hotels**

Colonial Hotel – Västmannagatan 13

Phone: +46 8 200 400

[www.stores.se/hostal.htm](http://www.stores.se/hostal.htm)

Email: [reservation@colonial.se](mailto:reservation@colonial.se)

Columbus Hotel – Tjähovsgatan 11

Phone: +46 8 503 112 00

[www.columbus.se](http://www.columbus.se)

Email: [info@columbushotell.se](mailto:info@columbushotell.se)

Ersta Lpmferems & Hotel – Erstagatan 1

Phone: +46 8 714 63 41

[www.ersta.se/konferens](http://www.ersta.se/konferens)

Email: [konferens@erstadiak.oni.se](mailto:konferens@erstadiak.oni.se)

Pensionat Oden City –Kammakargatan 62

Phone: +46 8 796 96 00

[www.pensionat.nu](http://www.pensionat.nu)

Email: [info@pensionat.nu](mailto:info@pensionat.nu)

Queen's Hotel – Drottninggatan 71 A

Phone: +46 8 24 94 60

[www.queenshotel.se](http://www.queenshotel.se)

Email: [info@queenshotel.se](mailto:info@queenshotel.se)

Stureparkens Gästväning –Sturegatan 58

Phone: +46 8 662 72 30

[www.stureparkens.nu](http://www.stureparkens.nu)

Email: [info@stureparkens.nu](mailto:info@stureparkens.nu)

Tre Små Rum –Högbergsgatan 81

Phone: +46 8 641 23 71

[www.tresmarum.se](http://www.tresmarum.se)

Email: [info@tresmarum.se](mailto:info@tresmarum.se)

Vanadis Hotell & Bad – Sveavägen 142

Phone: +46 8 30 12 11

[www.vanadishotel.com](http://www.vanadishotel.com)

Email: [info@vanadishotel.com](mailto:info@vanadishotel.com)

Wasa Park Hotel – S:t Eriksplan 1

Phone: +46 8 545 453 00

[www.wasparkhotel.se](http://www.wasparkhotel.se)

### **Youth Hostels**

Prices are around SEK 150-300 per night and per bed, in shared rooms, with common facilities and excluding breakfast. (At some youth hostels, single and double rooms might also be available). The following youth hostels are located close to public transport and within easy reach of the Institute venue.

City Backpackers Hostel – Upplandsgatan 2A

Phone: +46 8 20 69 20

[www.citybackpackers.se](http://www.citybackpackers.se)

Email: [info@citybackpackers.se](mailto:info@citybackpackers.se)

City Lodge Hostel – Klara Norra Kyrkogata 15

Phone: +46 8 22 66 30

[www.citylodge.se](http://www.citylodge.se)

Email: [info@citylodge.se](mailto:info@citylodge.se)

Fridhemsplan Youth Hostel – Sankt Eriksgatan 20

Phone: +46 653 88 00

[www.fridhemsplan.se](http://www.fridhemsplan.se)

Email: [info@fridhemsplan.se](mailto:info@fridhemsplan.se)

Hostel Bed & Breakfast –Rehnsgränd 21

Phone: +46 15 28 38

[www.hostelbedandbreakfast.com](http://www.hostelbedandbreakfast.com)

Långholmen – Långholmsmuren 20

Phone: +46 8 720 85 10

[www.langholmen.com](http://www.langholmen.com)

Email: [info@langholmen.com](mailto:info@langholmen.com)

STF at Chapman & Skeppsholmen – Skeppsholmen

Phone: +46 8 463 22 66

[www.stfchapman.com](http://www.stfchapman.com)

Email: [chapman@stfturist.se](mailto:chapman@stfturist.se)

Zinkensdamm – Zinkens väg 20

Phone: +46 8 616 81 00

[www.zinkensdamm.com](http://www.zinkensdamm.com)

Email: [mail@zinkensdamm.com](mailto:mail@zinkensdamm.com)

**CALL FOR ABSTRACTS**



# **MOHO INSTITUTE 2012**

**October 11th and 12th  
STOCKHOLM!**

**NOW ACCEPTING 125 – 250 WORD ABSTRACTS  
PLEASE APPLY BY April 1<sup>st</sup>, 2012 WITHIN ONE OF THE FOLLOWING FORMATS**

- Individual Research Papers (studies planned, in progress, or completed)
- Symposia (A set of two or more research papers with a common theme)
- Roundtable Discussion Topics
- MOHO Mentors (past and new mentors welcome – new explain credentials)
- Student Thesis or Dissertation Papers (completed only)

Please send abstracts to Ms. Baily Zubel ([bzubel2@uic.edu](mailto:bzubel2@uic.edu)). Upon receipt author names will be blinded and abstracts will be submitted to an independent review panel. Accepted papers, symposia, roundtables, and MOHO mentors will be notified by May 1<sup>st</sup>, 2012. (Those who have already submitted will be notified by March 1<sup>st</sup>)

Co-Sponsored by The Swedish Association of Occupational Therapists and the University of Illinois at Chicago Department of Occupational Therapy Model of Human Occupation Clearinghouse

# MOHO BEGINNER'S WORKSHOPS

AT THE THIRD INTERNATIONAL INSTITUTE ON THE MODEL OF HUMAN OCCUPATION

Stockholm, Sweden

October 11<sup>th</sup> & 12<sup>th</sup>, 2012

Presented by: The Swedish Association of Occupational Therapists,  
The University of Illinois at Chicago Department of Occupational Therapy, and the Model of Human Occupation Clearinghouse

## About the Workshops:

The Beginner's Workshops are intended for students and practitioners who are new to the interpretation and application of the MOHO theory in practice. During the Beginner's Workshops, participants will be introduced to MOHO theory, therapeutic reasoning, assessment, and intervention strategies.

## Educational Methodology:

Participative Lectures  
Group Work Exercises  
Individual Work Exercises  
Case Presentations

Please contact us at  
[moho\\_c@yahoo.com](mailto:moho_c@yahoo.com) with any  
inquires or to request more  
information

## About the Facilitator: Carmen-Gloria de las Heras de Pablo, MS, OTR

Carmen-Gloria de las Heras, MS, OTR, earned her Bachelor's Degree in Occupational Therapy from the University of Chile in 1982. After practicing for a few years as an occupational therapist in her country, in 1985-1986 she studied under Dr. Kielhofner in a Master's program at Boston University. Carmen also participated in research with Dr. Kielhofner at this time. Since then she has actively participated in developing recognized programs, assessments and protocols of intervention based on MOHO. While working as Director of Occupational Therapy Department and clinician at a large psychiatric hospital, she continued her studies and earned her Master's Degree and advanced studies in Clinical Education from Tufts University, Massachusetts, 1993. In 1994, back in Chile, she developed "Reencuentros", a Community Integration Program based on MOHO for people of different ages and occupational needs. "Reencuentros" became an international reference for program development and an international MOHO training center. She has been the educational authority on MOHO in Latin-America for 23 years, and has also been invited to teach in USA, Canada, and Sweden. She is a Professor of Occupational Therapy at Universidad de los Andes in Chile. Carmen works as an international consultant in program development, evaluation and intervention processes with MOHO, and continues systematizing interventions and expanding the application of MOHO to diverse populations. She created and developed the Volitional Questionnaire and the Re-motivation Process and has participated in different research activities supporting the development of other MOHO assessments. Her publications include articles, CDs, chapters of books and manuals in both English and Spanish.

## Registration Form

Please indicate which day(s) you are registering for:

Workshop Day 1   
Workshop Day 2

*The MOHO Beginner's workshops are **free of charge** with **general or student registration** for the Third International Institute on the Model of Human Occupation.*

**Please Mail this form with Institute Registration form and payment to the below address by: August 1<sup>st</sup>, 2012**

Department of Occupational Therapy (MC 811)  
Model of Human Occupation Clearinghouse  
Attn: Baily Zubel  
University of Illinois at Chicago  
1919 West Taylor Street  
Chicago, Illinois 60612-7250

## Please note:

**The Beginner's Workshops are subject to cancellation due to low enrollment. The Beginner's Workshops will be held on the condition that there are a minimum of 10 participants registered by August 1<sup>st</sup>, 2012. Maximum enrollment is 20 participants per day.**

## Schedule of Events

### **October 11<sup>th</sup>, 2012**

- 9:00-9:30 The Model of Human Occupation and Occupational Therapy Practice
- 9:30-11:00 MOHO Theory and its Dynamics
- 11:00-11:15 Break
- 11:15-12:30 Understanding MOHO Theory in Practice: Therapeutic Reasoning
- 12:30-13:30 Lunch
- 13:30-14:00 Principles of Evaluation and Intervention Process
- 14:00-15:00 Evaluation Process and its Dynamics, Evaluation Methods
- 15:00-15:30 Presentation of MOHO Assessment: Purposes, Utility, Requirements, Relation to Theory
- 15:30-15:45 Break
- 15:45-16:45 Understanding Evaluation Process in Practice: Case Example
- 16:45-17:45 Intervention Process: Methods and Dynamics
- 17:45-18:15 Comments and Discussion

### **October 12<sup>th</sup>, 2012**

- 9:00-11:00 Remotivation Process
- 11:00-11:15 Break
- 11:15-12:00 Introduction to Program Development within Different Settings
- 12:00-12:30 Comments and Discussion